



## The Elderly Care Series

# WORKSHOP

- **TIME** : 8.30pm – 5.00pm
- **VENUE** : International Medical College (IMC)  
Lot T3.66B, 3rd Floor, Summit Complex,  
Persiaran Kewajipan USJ 1,  
47600 UEP Subang Jaya, Selangor
- **TO REGISTER** : Call Aged Care Group (ACG) at  
010 – 213 5023 or 03 – 2142 1666 or  
email to [info@agedcare.com.my](mailto:info@agedcare.com.my)



INDIVIDUAL	GROUP
<b>RM250</b> per workshop if participant attends 1 workshop	<b>RM188</b> per pax / workshop if 4 or more participants register for all workshops
<b>RM240</b> per workshop if participant attends 2 workshops	
<b>RM230</b> per workshop if participant attends 3 workshops	
<b>RM200</b> per workshop if participant attends all workshops	

- HRDF SBL claimable
- 6 CPD points for registered nurses for each workshop



### ● SPEAKER | LIM SIEW ENG

LIM SIEW ENG is an accredited trainer and educator with 20 years in the aged care industry. Her experience comes from serving various community health services in Australia, in the areas of teaching, assessment, facilitation, industry and community collaboration, and systems compliance. Her unique teaching/training methods is combined with real time work in personal care, diversional or recreational therapy for groups and individuals, aged care networking, and higher education.

She is passionate about her approach towards aged care, developing creative and proactive solutions to meet economic, social and political dimensions of ageing; ensuring dignified ageing that will lead to independent and fulfilling lives as an integral member of the family, community and country.

Siew Eng is a degree holder in Social Science with a major in aged care. She holds a Diploma in Vocational Education and Training and is currently pursuing her Masters in Ageing, University of Melbourne, Australia.



## **Working with the Elderly Saturday 22 August 2015**

A workshop discussion on conducting work reflective of a person-centred approach to care relating to:

- Structure and profile of aged care sectors.
- Contemporary issues facing older people in the community.
- Impact of ageing demographics on the delivery models of current services.
- Regulatory framework that underpins aged care.
- Balance of risk and autonomy.
- Loss and grief.



## **Understanding Human Behaviour and Communicating with the Elderly Saturday 26 September 2015**

A workshop discussion on developing and implementing person-centred strategies that integrates the understanding of human development & cognitive processes covering

- Perceptions of illness, wellness and health behaviour of the elderly's inter-personal interactions.
- Psychosocial and mental health assessment procedures integral to health & leisure programme development specific to cognitive disabilities.
- Communication skills in reflective & active listening, navigating communication barriers and developing relational trust.



## **Working with the elderly with complex needs Saturday 24 October 2015**

A workshop discussion on the range of person-centred Service Intervention Plans to enable maximum participation in health, leisure and recreational programmes in relation to disorder/disability needs of elderlies. Topics include:

- Identification of older age physical, intellectual, mental and sensory disadvantages.
- Types of services required by elderlies.
- Application of the consultative process, resource management and principles of sensitivity and empathy in client-nurse/caregiver relations.
- Individual leisure programmes promoting well-being, social justice and equity of clients with complex needs.



## **Caring for Dementia: Understanding the family needs and developing a care partnership Saturday 28 November 2015**

A workshop discussion on responsive services addressing role changes in family relationships relating to dementia caregiving. Topics will cover:

- Identity, family dynamics, impact of social isolation and financial issues.
- Strategies to maximise positive aspects of different caregiving stages, i.e. pre-care to end stage care.
- Forming partnerships using carer-friendly practices.
- Professional/work boundaries - know when to provide referrals to conflict resolution & mediation.